



**ASSOCIATION BETWEEN RELIGIOUS COPING, PERCEIVED SOCIAL
SUPPORT, DEATH ANXIETY AND POST TRAUMATIC GROWTH AMONG
THALASSEMIA PATIENTS IN PAKISTAN**

**A Research Project Presented to
School of Professional Psychology
Bahria University Islamabad, E-8 Campus**

**In Partial Fulfillment of the requirement of the Degree of Bachelor of Science
BS. Psychology**

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BAHRIA UNIVERSITY, ISLAMABAD CAMPUS (E-8)**APPROVAL SHEET****SUBMISSION OF RESEARCH PROJECT****Candidate's Names: Aimen Noor****Inshaal Khizar****Discipline: BS Psychology****Faculty/Department: School of Professional Psychology**

I hereby certify that the above candidate's work including the research project has been completed to my satisfaction and that the research project is in a format of an editorial standard recognized by the faculty/department as appropriate for examination.

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DECLARATION OF AUTHENTICATION

We certify that the research work presented in this research project, to the best of my knowledge, is our own. All the sources used, and any help received in the preparation of this thesis have been acknowledged. We hereby declare that we have not submitted this material, either in whole or in part, for any other degree at this or any institution.

Signature(s):

Aimen Noor: _____

Inshaal Khizar: _____

DEDICATION

This is dedicated to our respected parents, for their love and support throughout our educational journey.

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Firstly, we would like to praise Almighty Allah, the most gracious, who has created the world with vast colors and endless knowledge to gain. We thank him for granting us this opportunity to showcase our skills. And He, who provided us with strength and courage.

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Table of Contents

APPROVAL SHEET	II
DECLARATION OF AUTHENTICATION	II
DEDICATION	III
ACKNOWLEDGEMENTS	IV
List of Tables	VI
List of Figures	VII
List of Annexures	VIII
Abstract	IIX
CHAPTER I	
Introduction	1
Literature Review	8
Theoretical Framework	19
Rationale	21
Conceptual Framework	23
Research Objectives	24
Hypothesis	24
CHAPTER II	
Methods	26
Research Design	26
Sample and sampling strategy	26
Inclusion Criteria	26
Exclusion Criteria	26
Operational Definitions	26
Measures	28
Procedure	30
Ethical Consideration	30
CHAPTER III	
Results	31
CHAPTER IV	
Discussion	41
References	46
APPENDICES	68

List of Tables		
Table No.		Page No.
Table 1	Demographic characteristics of Sample (N = 60)	32
Table 2	Internal consistency of the Scales	35
Table 3	Independent Sample T-Test	37
Table 4	Pearson Product Correlation among the Variables	38
Table 5	Linear Regression Analysis on Death Anxiety	39
Table 6	Linear Regression Analysis on Post-traumatic Growth	40

List of Figures

Figure No.		Page No.
Figure 1	Conceptual Framework of the study	23

List of Annexures

Appendix		Page No.
Annexure A	Emails-permission for scales page	69
Annexure B	Informed Consent	73
Annexure C	Demographic Sheet	75
Annexure D	Brief Religious Cope (BRCOPE)	77
Annexure E	Multidimensional Scale of Perceived Social Support (MSPSS)	80
Annexure F	Death Anxiety Questionnaire (DAQ)	83
Annexure G	Post Traumatic Growth Inventory (PTGI)	86
Annexure H	Permission Letter for Data Collection	89

ABSTRACT

This research was conducted to examine the association between religious coping, perceived social support, death anxiety and post traumatic growth among β -thalassemia patients in Pakistan. BRCOPE, multidimensional scale of perceived social support, death anxiety questionnaire, and post traumatic growth inventory were used to measure the variables respectively. The sample consisted of 60 patients (male=26, female=34). Pearson correlation, linear regression, and independent sample t-test analysis were conducted using SPSS version 25. There was a significant moderate positive correlation between PRC and PTG (** $p < .01$, $r = .53$). Whereas, NRC and PTG had a non-significant, weak negative relationship ($p > .05$ and $r = -.15$). The results indicated a non-significant, weak and negative relationship between PRC and DA ($p > .05$, $r = -.20$). A non-significant association was observed between NRC and DA which indicated a weak positive correlation between the two variables ($r = .18$). Perceived social support had a significant, weak negative association with death anxiety (* $p < .05$, $r = -.27$). On the contrary, a statistically significant, moderate positive correlation was found between PSS and PTG (** $p < .01$, $r = .38$). PSS significantly predicted death anxiety and post traumatic growth.

Keywords: *Religious Coping, Perceived Social Support, Death Anxiety and Post Traumatic Growth, Thalassemia.*