

**CHILDHOOD TRAUMA, REJECTION SENSITIVITY AND
BORDERLINE PERSONALITY FEATURES AMONG YOUNG
ADULTS**



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03-171211-015

BAHRIA UNIVERSITY LAHORE CAMPUS

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**A thesis submitted in partial fulfillment of the
requirements for the award of the degree of
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Department of Professional Psychology

BAHRIA UNIVERSITY LAHORE CAMPUS

January 2025

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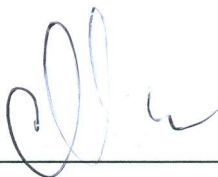
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Dedication

"To my beloved mother, father, and brothers who believed in me even when I couldn't—I am forever grateful for your faith, which has been my strength. I also extend my deepest gratitude to my supervisor, MS Noreen Fatima, for her continuous support and guidance."

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Thanks to everyone for being a part of this journey and helping me turn my vision into reality.

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List of Symbols

α	Cronbach's alpha
SD	Standard Deviation
$\leq$	Less than or Equal to
$\geq$	Greater than or Equal to
B	Unstandardized Coefficient
SE	Standardized Error
p	Significance Level
%	Percentage
f	Frequency
n	population size

List of Abbreviations

APA	American Psychological Association
ARSQ	Adult Rejection Sensitivity Questionnaire
BSL	Borderline Symptom List
CTQ	Childhood Trauma Questionnaire
SPSS	Statistical Package for Social
EA	Emotional Abuse
PA	Physical Abuse
SA	Sexual Abuse

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Abstract

The present study investigates the relationship between childhood trauma, rejection sensitivity and borderline personality features among young adults. The correlational design was employed and sample (N=400) having age range 18-25 (M=20.3, SD=1.64) was collected through random sampling. The childhood trauma was employed to measure childhood trauma, rejection sensitivity questionnaire used for measuring rejection sensitivity and borderline symptom list employed to measure borderline personality features. It was hypothesized that there would be positive relationship between childhood trauma, rejection sensitivity and borderline personality features, there would be gender differences between childhood trauma, rejection sensitivity and borderline personality features among males and females from university students. The descriptive statistics Pearson product moment correlation coefficient, and independent T-test was run to generate results. Results indicate significant positive correlation between childhood trauma, rejection sensitivity and borderline personality features. T test results indicate that there is significant gender difference in the variable of childhood trauma and Rejection sensitivity as childhood trauma and rejection sensitivity are more common in male (CT=62.63, RS=10.20) as compare to female (CT=57.67, RS=9.26) but there was no significant difference found in borderline personality features between male (BPF=1.20) and female (BPF=1.24).

Key words: Childhood trauma, Rejection sensitivity, Borderline personality features, young adults