

Spousal Support, Marital Satisfaction and Academic Engagement among Married University Students



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BAHRIA UNIVERSITY LAHOR CAMPUS

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Dedication

Whose constant support and trust in me made me achieve milestones in my life. I am deeply grateful to my late father, whose guidance and inspiration continue to light my path, to my mother for her unwavering love and encouragement, and to my husband for his steadfast support that has kept me going even in the most challenging times.

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List of Abbreviations

Abbreviations	Full Form
PSS	Partner Support Scale
MSS	Marital Satisfaction Scale
SAE	Student Educational Engagement

List of Symbols

Symbol	Full Form
α	Alpha Cronbach's Index of Internal Consistency
β	Standardized Coefficient
f	Frequency
M	Mean
SD	Standard Deviation
%	Percentage
r	Correlation Coefficient

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Abstract

Married university students face the challenge of managing both their studies and marital responsibilities, which can affect their academic performance and relationship satisfaction. This study explored how spousal support, marital satisfaction, and academic engagement are connected, and whether marital satisfaction explains the effect of spousal support on academic engagement. A total of 140 married students from public and private universities participated, completing the Partner Support Scale, Kansas Marital Satisfaction Scale, and Student Academic Engagement Scale. Data were analyzed using SPSS (Version 25), including correlation, regression, and mediation analysis. The results showed that students who received more support from their spouses reported higher marital satisfaction and were more engaged in their studies. Marital satisfaction was also positively related to academic engagement and fully explained how spousal support influenced students' academic involvement. These findings suggest that supportive marital relationships help married students handle their dual roles more effectively, and highlight the importance of support programs for married students.

Keywords: Spousal support, marital satisfaction, academic engagement, married students